

Sourdough Recipes

Doughnuts

Sour Dough Doughnuts

Fran W. (1)

1/2 cup sour dough starter	1 egg or 2 egg yolks
1/2 cup sugar	1/2 tsp each nutmeg & cinnamon
2 Tbsp shortening	1/2 tsp baking soda
3 cups flour (corrected from 2 c)	1/2 tsp salt
1 tsp baking powder	1/3 cup buttermilk

Sift dry ingredients, stir into liquids, roll out, and cut with doughnut or biscuit cutter. Heat oil to 275° F (corrected from 390° F). and fry. Shake in a paper bag with a mixture of cinnamon and sugar.

Freeze well. [NOTE: corrections per Fran's testing May 2011].

Sources & References

1. "The Complete Sourdough Cookbook" by Don and Myrtle Holm.
2. Dallas Sall in Oregon